Orthopaedics, Rheumatology and Sports Medicine- A New Start

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Editorial Note
Dear Reader,

Welcome to the inaugural issue of the Journal of Orthopaedics, Rheumatology and Sports Medicine. We hope to have a long and fruitful association with our readers. First and foremost this is very much a journal that welcomes and encourages input from trainees- academia is often a dying breed. Yet it is something we strongly encourage. As a prior trauma trainee, the field has changed vastly during my training. This journal looks to encourage and present cutting edge changes in technology and clinical management.

With an ever increasing older population, prevention of injury should be at the forefront of our minds. Central to this are the management of fragility fractures. Our previously published work demonstrated (Goonewardene SS et al Fragility fractures) the importance of these patients being on bisphosphonate therapy as a supplement to prevent further fractures occurring. With an ever increasing older population wanting a good quality of life this preventative medicine strategy is often vital. The best medicine is often preventative medicine. Granted at times, especially within the field of trauma, this can be difficult to manage or predict.

Evolving patterns of management have not only been noted in orthopaedics but more so in trauma. Over 10 years ago, I initially wrote an article on pathology of a spinal blast injury. Due to the nature and understanding of blast injuries, our understanding of this type of injury has changed significantly. During that period of time, I had also conducted analyses into RTCs between a developed and developing country. Not surprisingly the developing country had a far higher rate of injury and fatality. Hopefully, more stringent traffic laws would have decreased this. Again improvements in these rates come down to prevention.

We hope to see you very much involved, with this your journal. Please feel free to submit any work you may have for our inaugural issue.

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